

I am going on a field trip to Cabrillo Beach!

Social Narrative for attendees who are new to natural science.



I am going to Cabrillo Beach to explore the tidepools today. A tidepool is a rocky shore by the ocean where we can find wildlife.

I am going to meet my group at the Natural History Museum. We will all get on a bus with people from the Natural History Museum. We'll ride the bus to the beach.

On the way, we will see the city and the ocean. We will get off the bus by the Cabrillo Aquarium and gather at the picnic tables nearby. We will get water from the fountain and use the restroom by the bath house.







We'll walk as a group to the tidepools from the picnic tables. I can stay at the tables or keep walking to explore the tidepools. It will take approximately 10 minutes to walk to the tidepools. On the way, I will walk on a wooden bridge.



This area has rocks and sand. As we walk, I might see some graffiti on the rocks. We will be very close to the ocean, and I'll hear the waves and birds. It might get windy, too.



Wildlife experts will help us find wildlife and answer our questions about what we see in the tidepools.



We'll talk about tools and safety rules for tidepooling. I'll be sure to stay with my group and follow the group leader's instructions.



It will be sunny on the beach, so I'll remember to wear a hat, bring comfortable shoes, drink lots of water, eat snacks, and sunscreen. I'll remember to be careful when walking since the rocks can be slippery.



The ocean has many interesting smells. It might smell fishy or salty. If I don't like the smell, I can take a step away until it is gone.



I might see anemones, sea urchins, top snails, and other animals.









Wavy turban snail

Urchin

Norris' Top Snail

Anemone

I'll also see a lot of different plants! I will get to hear the ocean as we explore.



Black mustard

Kelp

Nasturtium

We'll also look for other signs of wildlife like:



Seagull feather

Shells

I will look at plants and animals but only touch them if the group leader says I can. It's okay if I don't feel like holding or touching a plant or animal; I can learn about them by watching, too.

After we explore, we will return to the parking lot. We will talk to the group about what we saw, then get back on the bus and go home.

It was fun exploring nature with my community and the Natural History Museum!

Image credits Bus: LAUSD Picnic Area: Community Science Office Plants, Tidepool Specimens, Signs of Wildlife: Community Science Office